



# Life Abundant, Inc.

Herbert W. Rose, *Executive Director*

Web site: <http://lifeabundantinc.org> Phone: 215-489-0200 / Fax: 215-489-8818

*Sonia Mendelow, Women's Ministry Coordinator*

*Frank Gianni, Men's Ministry Coordinator*

*Regina Bready, Administrative Assistant*

## Thanksgiving!

Thanksgiving is that special day of the year when many families come together to give thanks for all the many blessings they have received in their lives. The older I get the more I look forward to all the kids coming home at Thanksgiving. The house becomes joyfully overcrowded and the noise of grandchildren sometimes deafening, but I would not trade it for the world. In a perfect world our blessings would originate only from pleasant situations and thoughts. But we don't live in a perfect world, and the giving of thanks involves all things positive as well as negative. We sometimes forget, or maybe want to forget, that many blessings come out of trials and tribulations. We all want the perfect family, perfect children, perfect job, perfect health, etc. We don't want anything to rock our spiritual boat of equilibrium. **The Lord says, "Consider it all joy upon your various trials knowing this that the trying of your faith worketh patience."** (James 1:2-3) The Lord isn't saying to jump up and down with joy because of difficult trials but to realize God is sovereign and in control of all that we go through. Sometimes those trials hurt so much you just cry out to God for his mercy and grace. I am truly thankful for both the good and the bad even when it hurts. I trust that you and your family, no matter what your circumstances, will be able to give God thanks during this Thanksgiving Season.

The holidays are a very difficult time for inmates who name the Lord Jesus Christ as their Savior, because they can't be with family, or they have no family. The ministry of Life Abundant is able to help relieve their isolation from family and help ease the loneliness during the holiday season. They do appreciate our support, and you help make this possible.

**C. writes, "I hope this letter reaches you and your family in the best of health and in good spirits. I miss you and love very much and send you my warmest greeting in Jesus Christ. I pray that everything is going well for Life Abundant and all they do for others. I am doing great and living everyday walking and talking with my best friend Jesus. He is truly the light of my life. I have never felt better in my life. I give all the credit to Jesus Christ, who has changed my life from the inside out. (Praise God) I will go for now but remember you are in my prayers and thoughts, God bless you one and all."**

As we give thanks for the many blessings we have received this Thanksgiving, please keep in mind those behind prison walls. Yes, they have committed a crime which has placed them in prison, but God challenges us to never forget them. God says, **"When saw we thee sick or in prison, and came unto thee? And the King shall answer and say unto them, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me."** (Matt 25: 39-40) Be ye therefore perfect, even as your Father which is in heaven is perfect.

I thank you for your continued support of the ministry of Life Abundant. Your financial support allows us to minister to these brothers and sister behind prison walls (some forgotten by their own families).

May God continue to richly bless you and your families at this Thanksgiving Season as you serve our risen Savior.

In Christ,

Herb Rose

## Thank You

I will be writing my last letter to Charles Fernandez later this week as I prepare for yet another surgery at Jefferson Hospital. It had been a difficult decision, but my health has been going downhill for over a year now and I have to limit myself more and more.

If my surgery and rehab are successful, I plan to return to a reduced schedule of service for my church and two nursing homes I serve as a Lay Chaplain. He sent me copies of the pictures of his baptism that you kindly made for him. He seems to have a strong support group in prison and I thank God for them. Also, I really enjoyed being able to see the man I have been praying for so long.

I want to thank Julia Anderson, one of our volunteers who corresponded with Chuck Fernandez for a number of years. Chuck has always appreciated her letters and words of encouragement. He appreciated her spiritual wisdom. Julia has been instrumental in Chuck's life. We hope you get better quickly and you are in our prayers.

If you like to write to an inmate contact us at [lamministries@verizon.net](mailto:lamministries@verizon.net).

## CONQUERING CODEPENDENCY

### A CHRIST-CENTERED 12 STEP PROCESS

**BEGINNING:** Tuesday, September 13, 2011

**TIME:** 7:00 TO 9:00 PM

**WHERE:** Life Abundant, Inc. 350 E. Butler Avenue Suite 103, New Britain, Pa 18901

**REGISTER:** Call 215 489-0200 or email Regina Bready—[Kingskidrev22@comcast.net](mailto:Kingskidrev22@comcast.net)

***IT'S NOT TOO LATE! There's still time to register . Class is open to everyone***

#### PARTNER WITH LIFE ABUNDANT

Are you interested in becoming a part of the After Care Solution?

#### COMMENTS

I am able to give:

- \$ Annually  
 \$ Quarterly  
 \$ Monthly

- I am able to pray  
 Send Email Updates

I will partner by:

- Mentoring  
 Employing  
 Finding Housing  
 Contacting my Pastor

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Mail to: Life Abundant, Inc. P.O. Box 412, Doylestown, PA 18901

P.O. Box 412

Doylestown, PA 18901

Phone: 215 489-0200

Fax 215 489-8818

Email: [lamministries@verizon.net](mailto:lamministries@verizon.net)

**We are on the Web**

[www.lifeabundantinc.or](http://www.lifeabundantinc.or)

***Assisting inmates, ex-offenders and their families develop Biblical principles in their social, economic, and spiritual lives and becoming productive members of society.***