

CONQUERING CODEPENDENCY

A Christ- Centered 12 Step Process

- *Do you feel compelled to control or rescue other people?*
- *Are you determined to please others, even if you harm yourself emotionally in the process?*
- *Do you have difficulty seeing persons and situations realistically?*
- *Do you believe you are responsible for other's thoughts or actions?*
- *Do you do things for others they are capable of, and should do themselves?*
- *Do you make excuses for someone else's irresponsible behavior?*
- *Do you set boundaries and then don't stick to them?*
- *Do you feel guilty over things which you have no control?*
- *Do you feel that you live a life of loneliness without intimacy?*

Conquering Codependency: A Christ-Centered 12 Step Process helps you recognize the painful problems of codependency. It offers sound Biblical strategies that give you hope, promise and healing from the damage codependency can do in your life.

Beginning: *Tuesday, September 13, 2011 7-9 PM*

Where: *Life Abundant, Inc
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New Britain, Pa 18901*

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